

# 2019 School GUIDE

宮城教育大学附属特別支援学校

FUZOKU-TOKUSHI

Miyagi University of Education

Affiliated School For Special Needs Education



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## About Us

Our school provides special needs education for children with intellectual disabilities that takes their individual educational needs into consideration, and aims at the full development of their capabilities and independence and encourages social participation from elementary to lower/upper secondary school.

As a school affiliated with the Miyagi University of Education, we also undertake the following :

- Practical and theoretical study of special needs education
- Training of prospective teachers
- Cooperation with local schools



## Aims of our school

1. To provide suitable education tailored to the development of each individual student, and to foster harmonious development of mind and body.
2. To provide an education for our students that gives them the ability to live as full members of society in a spiritually rich, resilient manner.



# Class Organization

Number of enrolled students in FY2019

| Department            | Class     | Number of students |        | Total |
|-----------------------|-----------|--------------------|--------|-------|
|                       |           | Male               | Female |       |
| Elementary Dept.      | Futaba    | 6                  | 0      | 6     |
|                       | Wakaba    | 4                  | 1      | 5     |
|                       | Aoba      | 4                  | 2      | 6     |
|                       | Total     | 14                 | 3      | 17    |
| Lower Secondary Dept. | 1st grade | 5                  | 2      | 7     |
|                       | 2nd grade | 4                  | 1      | 5     |
|                       | 3rd grade | 5                  | 1      | 6     |
|                       | Total     | 14                 | 4      | 18    |
| Upper Secondary Dept. | 1st grade | 6                  | 2      | 8     |
|                       | 2nd grade | 5                  | 3      | 8     |
|                       | 3rd grade | 5                  | 3      | 8     |
|                       | Total     | 16                 | 8      | 24    |
| Total                 |           | 44                 | 15     | 59    |



# Class Schedule

|                       | Type of guidance        |                 |       |               |                    |               |                               |             |      |                     |                | Total |  |
|-----------------------|-------------------------|-----------------|-------|---------------|--------------------|---------------|-------------------------------|-------------|------|---------------------|----------------|-------|--|
|                       | Daily Living Activities | Health and P.E. | Music | Play Guidance | Life Learning Unit | Task Learning | Occupations and House Keeping | Occupations | Home | Integrated Learning | Topic Learning |       | Special Activities Including Ceremonies and Events |
| Elementary Dept.      | 11                      | 5               | 1     | 7             | /                  | /             | /                             | /           | /    | /                   | 4              | 3     | 29   |
| Lower Secondary Dept. | 11                      | 3               | 1     | /             | 10                 |               |                               | /           | /    | 1                   | 4              | 1     | 31   |
| Upper Secondary Dept. | 10                      | 3               | 1     | /             | 12                 |               |                               | /           | /    | 1                   | 3              | 1     | 31   |

# Staff

| Principal | Vice principal | Assistant principal | Teachers | School nurse | Nutrition educator | Assistant Teacher | Office staff | Support staff | Total |
|-----------|----------------|---------------------|----------|--------------|--------------------|-------------------|--------------|---------------|-------|
| 1         | 1              | 1                   | 27       | 1            | 1                  | 5                 | 2            | 1             | 40    |

## Elementary Department

We support students' emotional stability and adaptation to the group under guidance and from the perspective of respecting the individuals in the group. In addition, we believe it is important for students to develop their motivation and attitudes to work through participating in activities with their teachers and friends while having fun.

### Daily Timetable

| Time           | Mon  | Tue                                | Wed                     | Thu  | Fri   |
|----------------|--|------------------------------------|-------------------------|--|---|
|                | Arriving at School   |                                    |                         |  |   |
| 8:40           | Daily Living Activities<br>(organizing belongings, changing clothes, morning assembly, etc.) |                                    |                         |  |   |
| 9:30           | P.E. (morning exercise)  |                                    |                         | PE/<br>"Wakasugi" ceremony   |   |
| 10:10          | Break time   |                                    |                         |  |   |
| 10:20          | Life Learning Unit/Play Guidance   |                                    |                         |  |   |
| 11:00          | Break time   |                                    |                         |  |   |
| 11:10          | Self-Reliance Activities   |                                    |                         | Special Activities<br>(class time)                                     |   |
| 11:50          | Daily Living Activities (school lunch & brushing teeth)                                      |                                    |                         |  |   |
| 13:00          | After lunch break time   |                                    | Daily Living Activities | After lunch break time   |   |
| 13:30          | Special activities<br>("Nakayoshi" ceremony)   | Special activities<br>(class time) |                         | Music  | Daily Living Activities<br>(cleaning/organizing belongings) |
| 14:10          | Daily Living Activities<br>(changing clothes, going-home-time meeting)                       |                                    |                         | Daily Living Activities<br>(Changing clothes, going-home-time meeting) |   |
| 14:30          |  |                                    |                         |  |   |
| Leaving School | 14:30  | 14:30                              | 13:30                   | 14:30  | 14:30   |

#### Morning Exercise

Every morning, students perform a variety of exercises, such as walking or running to music.

#### Life Learning Unit

Night-stays are available using facilities inside or outside the school. Students work on school arts festivals and seasonal events. They also enjoy playing in natural environments.

#### Individual Learning

We establish individualized instruction depending on the special needs of each student and the needs of their parents.

## Lower Secondary Department

We provide learning based on maintaining continuity between the Elementary Department and Upper Secondary Department. As relationships with friends and teachers develop and students widen their experience of daily life, they will acquire the ability to proactively participate in daily life and social activities from a future perspective.

### Daily Timetable

| Time  | Mon  | Tue                     | Wed                                | Thu                    | Fri  |
|-------|--|-------------------------|------------------------------------|------------------------|--|
| 8:40  | Arriving at School   |                         |                                    |                        |  |
| 9:30  | Daily Living Activities (preparation for start of classes, changing clothes, morning assembly) |                         |                                    |                        | Special activities<br>"Wakasugi" ceremony<br>/"Wakasugi" committee<br>/School meeting<br>/Class activities |
|       | Health and P.E. (morning exercise)   | Music                   | Health and P.E. (morning exercise) | Music                  |  |
| 10:00 |  |                         |                                    |                        |  |
| 10:10 | Self-Reliance Activities   |                         |                                    |                        | General learning period (choice of learning)   |
| 10:55 |  |                         |                                    |                        |  |
| 11:00 | Task Learning / Life Learning Unit /Occupations and House Keeping                              |                         |                                    |                        |  |
| 12:15 | Daily Living Activities (school lunch and brushing teeth)                                      |                         |                                    |                        |  |
| 13:30 | After lunch break time   |                         | Daily Living Activities            | After lunch break time |  |
|       | Daily Living Activities  | Health and P.E.         |                                    | Health and P.E.        | Daily Living Activities  |
| 15:30 |  | Daily Living Activities |                                    |                        | Daily Living Activities  |
|       | Leaving School   | 14:30                   | 15:30                              | 13:30                  | 15:30  |

\* Activities (before leaving school): cleaning, changing clothes, preparations for leaving school, meeting

#### Life Learning Unit

Students study and make preparations for their participation in school festivals and sports days. They also learn how to use different kinds of public facilities and public transport.

#### Task Learning

Students engage in craftwork, pottery, or woodwork. This allows them to experience the pleasure of creating objects, while cultivating the basic skills and attitudes necessary for work at the same time.

#### Integrating Learning (alternative class)

Students can select the subjects that personally interest them (art, culture, sport) and each student pursues activities in accordance with their particular interests.

## Upper Secondary Department

We have established a curriculum based on real work so that, after graduating from the school, students can actively participate in the community and go on to enjoy rewarding, positive lives as full members of society. In addition, we create a transition plan for students and a follow-up program in which the family, the school and the community work together.

### Daily Timetable

| Time           | Mon   | Tue                     | Wed  | Thu   | Fri                     |
|----------------|---|-------------------------|--|---|-------------------------|
| 8:40           | Arriving at School  |                         |  |   |                         |
| 9:15           | Daily Living Activities (morning activities)                  |                         |  |   |                         |
| 9:20           | Individual Learning   |                         |  |   | Special Activities      |
| 9:55           |   |                         |  |   |                         |
| 10:00          | Health and P.E. (morning exercise)                            |                         |  | (Health/Special Activities)                                   | Music                   |
| 10:25          |   |                         |  |   |                         |
| 10:40          | Individual Learning / Life Learning Unit / Occupations / Home |                         |  |   |                         |
| 11:25          |   |                         |  |   |                         |
| 11:35          |   |                         |  |   |                         |
| 12:15          | Individual Learning / Life Learning Unit / Occupations / Home |                         |  |   |                         |
| 13:10          | Daily Living Activities (school lunch)                        |                         |  |   |                         |
| 13:40          | After lunch break time  |                         | Daily Living Activities (activities before going home) | After lunch break time  |                         |
| 14:10          | Music   | Integrated Learning     |  | Individual Learning / Life Learning Unit / Occupations / Home | Health and P.E.         |
| 14:30          | Daily Living Activities                                       |                         |  |   |                         |
| 15:00          |   | Daily Living Activities |  | Daily Living Activities                                       | Daily Living Activities |
| 15:30          |   |                         |  |   |                         |
| Leaving School | 14:30   | 15:30                   | 13:30  | 15:30   | 15:30                   |

**Occupations** To enable students to decide on what career they want to pursue, they receive training on self-understanding and awareness of society.

**Home** Students learn the skills they need to engage in social/daily activities after graduation (cooking, laundry, shopping, etc.).

**Task Learning** To give students self-confidence, help them develop appropriate attitudes, and motivate them, students engage in work-related tasks and activities.

**Integrated Learning (alternative class)**

Based on their individual interests, students pursue these interests and enjoy performing a variety of activities that will help them to spend their leisure time in rewarding ways after graduation.

## Study Room in Elementary/Lower Secondary Schools

In Fuzoku elementary and lower secondary schools, we provide independent study rooms for students who are not able to participate in class. We support their study individually and counsel them to help them overcome their problems.

## Community Support Projects

### ○ The "Suginoko classroom"

The "Suginoko classroom" is part of the school's community activities. Guest teachers It is a study group for the guardians and childcare workers etc. of children with special needs or whose development is delayed. The aim of the group is to find the best ways of caring for infants and to support the independence of children by considering these matters collectively. The group engages in a wide range of activities depending on the needs of the participants, such as round table discussions, lectures by university teaching staff, observation of lessons, and tours of facilities, etc.

### ○ Educational counseling, and training workshop support

As a part of our community support projects, we offer educational counseling and information on understanding disability etc., to the guardians of children with disabilities, and to the staff involved in the childcare or education of disabled children, etc. In addition, we provide consultative support by visiting nurseries, schools and other facilities, and by dispatching lecturers to staff training workshops etc.

[Counseling days] Mon to Thu, 14:30 to 17:00

[Contact information for "Suginoko classroom" and educational counseling]

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